



Vicks Cough Lozenges with Honey

Dextromethorphan 7.33mg per Lozenge

Patient Information Leaflet

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Read all of this leaflet carefully because it contains important information for you.

This medicine is available without prescription. However, you still need to take Vicks Cough Lozenges with Honey carefully to get the best results from them.

– **Keep this leaflet.** You may need to read it again.

- Ask your pharmacist if you need more information or advice.
- You must contact a doctor if your symptoms worsen or do not improve.
- If any of the side effects become serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

1. What Vicks Cough Lozenges with Honey are and what they are used for

Vicks Cough Lozenges with Honey contain the active ingredient Dextromethorphan which suppresses a cough by acting on the cough centre of the brain. These lozenges relieve dry coughs associated with colds and flu.

2. Before you take Vicks Cough Lozenges with Honey

Do not take Vicks Cough Lozenges with Honey if you:

- are allergic to dextromethorphan or other ingredients (see section 6)
- have severe liver disease
- have a productive cough - (coughing produces mucus/phlegm).
- are taking medicines called monoamine oxidase inhibitors (MAOIs – a type of antidepressant) or have taken them in the last 14 days.

Do not give Vicks cough lozenges with honey to children under 12 years of age.

Take special care with Vicks Cough Lozenges with Honey

Talk to your doctor or pharmacist before taking this medicine if you:

- have asthma
- you have ever had liver problems
- are diabetic or have difficulty digesting some sugars
- you have any long standing problems with your lungs

Taking other medicines

Do not take Vicks Cough Lozenges with Honey if you are taking medicine

for **depression** or **Parkinson's disease** called **monoamine oxidase inhibitors (MAOIs)** or have done so in the last 14 days.

Pregnancy and breast-feeding

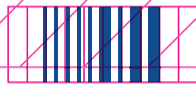
Ask your doctor or pharmacist for advice before taking this product if you are pregnant or breast feeding.

Driving and using machines

If you feel dizzy, experience confusion or have symptoms of excitation (rapid pulse, hyperactivity or excessive sweating) **do not** drive or operate machinery.

Important information about some of the ingredients of Vicks Cough Lozenges with Honey:

Each lozenge contains 3.3g of **sugar** (as sucrose and glucose syrup). This should be taken into account if you are diabetic. If you have been told by your doctor that you have an intolerance to some sugars, **consult your doctor** before taking this medicinal product.



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Laetus code No. 522

Reading Direction

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Back

Reading Direction

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3. How to take Vicks Cough Lozenges with Honey

Always use Vicks Cough Lozenges with Honey exactly as your doctor or pharmacist has told you. You should check with your doctor or pharmacist if you are not sure.

Dosage

Adults and children over 12 years : 2 lozenges, sucked one after the other.

Repeat the dose every **6** hours if required. **Do not** take more than **8** lozenges in **24** hours.

Do not give this medicine to children under 12 years of age.

Do not exceed the recommended dose.

If symptoms persist, speak to your pharmacist or doctor.

If you take more Vicks Cough Lozenges with Honey than you should

Seek medical advice immediately if you accidentally take more lozenges than you should.

If you forget to take Vicks Cough Lozenges with Honey

If you accidentally miss a dose, **do not** take a double dose; just take the next dose as normal.

4. Possible side effects

Like all medicines, Vicks Cough Lozenges with Honey can cause side effects, although not everyone gets them.

These may include:

- Dizziness
- Excitation (rapid pulse, hyperactivity or excessive sweating).
- Mental confusion
- Stomach upsets

If any side effects you experience become serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

5. How to store Vicks Cough Lozenges with Honey

Keep out of the reach and sight of children.

Store below 25°C. Store in original packaging.

Do not take Vicks Cough Lozenges with Honey after the expiry date which is printed on the carton.

The expiry date refers to the last day of the month stated.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

6. Further information

What Vicks Cough Lozenges with Honey contain:

Active ingredient: 7.33 mg Dextromethorphan base per lozenge. **Other ingredients:** Sucrose, glucose syrup, honey, levomenthol, honey flavour, caramel flavour.

This pack contains 12 lozenges in a blister foil.

Marketing Authorisation Holder

Procter & Gamble (Health & Beauty Care) Limited, Weybridge, Surrey, KT13 0XP, UK (send all enquiries to this address).

Manufacturer: Procter & Gamble Manufacturing GmbH, Procter & Gamble Strasse 1, 64521, Gross Gerau, Germany.

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