



Artwork Name: **Vicks Sinex Decongestant Capsules**    Artwork Ref No.: **xxxx**  
Checked by: \_\_\_\_\_    Component: **Leaflet**  
Approved by: \_\_\_\_\_    Version: **4 DH**  
Date: **24.04.2007**

Comments:  
1. Remove cutting form    2. Insert and check barcode    3. Bleeds and trapping to add if necessary

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Colours Used  
 Black     None  
 None     None  
 None     None

Dimensions  
**147mm x 210mm**

**Flamingo**

## VICKS Sinex Decongestant Capsules

Phenylephrine Hydrochloride, Paracetamol

PLEASE READ THIS LEAFLET CAREFULLY BEFORE USE

### WHAT IS THE PRODUCT?

This pack contains 8/10/12/16/24/30/32/36 green & white capsules which are printed "GH31" (not all pack sizes may be marketed). The capsules contain Paracetamol which relieves pain and reduces fever; and Phenylephrine Hydrochloride which is a decongestant, it shrinks the blood vessels in the nose and sinuses which opens the airways helping you to breathe more easily.

**Ingredients:** Each capsule contains Paracetamol 500 mg and Phenylephrine Hydrochloride 12.18 mg as the active ingredients. They also contain: Colloidal Anhydrous Silica, Sodium Starch Glycollate, Magnesium Stearate. The capsule shell contains Gelatin, Titanium Dioxide (E171), Patent Blue V (E131) and Yellow Iron Oxide (E172).

Product Licence Holder	Manufacturer
Galpharm Healthcare Ltd Hugh House Upper Cliffe Road Dodworth Business Park Dodworth South Yorkshire S75 3SP	Galpharm International Ltd Hugh House Upper Cliffe Road Dodworth Business Park Dodworth South Yorkshire S75 3SP

### WHAT IS IT USED FOR?

For the effective relief from the symptoms of colds and flu including aches, pains and feverishness, headache, nasal congestion and sinus pain.

### WARNINGS

- DO NOT TAKE IF:**
- You are allergic to Paracetamol, Phenylephrine Hydrochloride or to any of the ingredients detailed above.
  - You are pregnant.
  - You are taking monoamine oxidase inhibitors (eg. tranylcypromine, phenelzine) or within 14 days of stopping such treatment.
  - You are taking tricyclic anti-depressant drugs (eg. amitriptyline).

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### CHECK WITH YOUR DOCTOR BEFORE TAKING IF:

- You suffer from liver, kidney or heart disease; diabetes; glaucoma; high blood pressure; prostate trouble; or if you have an over active thyroid gland.
- You are breastfeeding.
- You are receiving a course of medical treatment as this medicine may affect the actions of the following drugs: colestiramine; anti-coagulants such as warfarin; drugs used to treat heart conditions.

### HOW TO TAKE

**Dose:**  
For oral use.  
**Adults and children over 12 years of age:** 1 capsule to be taken every 4 hours. Maximum of 4 capsules in any 24 hours.

**Not recommended for children under 12 years of age.**

If symptoms persist consult your doctor.

**DO NOT EXCEED THE STATED DOSE - AN OVERDOSE IS DANGEROUS.** Immediate medical advice should be sought in the event of an overdose, even if you feel well, because of the risk of delayed, serious liver damage.

### SIDE EFFECTS

Rarely side effects may occur with this product. Skin rashes or other allergic reactions may occur with Paracetamol, and rarely blood disorders have developed. With Phenylephrine there have been a few reports of dizziness, palpitations and high blood pressure.

If you notice any unusual effects whilst taking this product talk to your pharmacist or doctor.

### OTHER INFORMATION

**DO NOT USE AFTER THE EXPIRY DATE PRINTED ON THE CARTON.**

Store below 25°C in a dry place, and safely out of the reach and sight of children.

Text revised August 2006.

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